



Clann Eireann Youth Club



**ST COLMAN'S HALL,
Youth Club**

Tel: 3832 3080

Contact: Stephen McNally,
Youth Leader-in-charge (Full time)

Members Handbook



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WELCOME

Welcome to Clann Eireann Youth Club.

The management team of the club welcome you. We hope you will enjoy the many facilities and activities, sporting, cultural and social, which the club provides for your benefit.

This is your club. Be proud of it.

IMPORTANT CLUB CONTACTS

CHILD PROTECTION

Designated Officers

Stephen McNally
Fiona Corry

ST COLMAN'S HALL,

Youth Club

Tel: 3832 3080

Contact: Stephen McNally,
Youth Leader-in-charge (Full time)

HOURS OF OPENING

St Colman's Hall

Mon- Fri, 9.00am- 10.00pm

For details of all times and dates
of specific club activities
please contact your coach





The Youth Club committee will organise training sessions for coaches, youth workers and volunteers of all sections, committee members included, at intervals throughout the year. Anyone working with children and young people has a duty to attend. Details will be available from the Youth Leader at St Colman's Hall.

A register of all those who have undertaken training will be maintained in the club.

Everyone who works with young people in Clann Eireann Youth Club is bound by the code of conduct outlined in the Rule Book.

The Management Committee, working with section sub-committees, will approve the appointment of all persons working with young people in the club. The Management Committee reserves the right to refuse to ratify any appointment and to remove anyone it deems unsuitable to work with children and young people in the club at any time.



AIMS AND OBJECTIVES OF CLANN EIREANN YOUTH CLUB

Article 1 Club Constitution:

“ To provide facilities for the recreation and other leisure time occupation of children and young persons with the object of educating and assisting them to develop their physical, mental and spiritual capacities to the end that they may grow to full maturity as individuals and members of society and that their conditions of life may be improved.”

PROTECTION AND WELLBEING OF MEMBERS

Clann Eireann Youth Club is dedicated to ensure that all children and young people and vulnerable adults who wish to come into the club and use its facilities are at all times protected and kept safe from harm while they are under the supervision and care of staff and volunteers insofar as is reasonably possible.

Our staff and volunteers are experienced in working with young people. Many have youth worker qualifications. All are vetted by the club management committee for their suitability to work with children and young people. The club welcomes the participation of parents and guardians in all club activities.

Youth Club Policies:

1. Child protection policy
2. Drugs and alcohol policy
3. Internet usage policy
4. Health and safety policy

Staff and volunteers are trained in the implementation of these policies. An appropriate number are trained in First Aid.

The club will amend its policies as circumstances and needs change. It will add new policies and procedures as is deemed necessary for the protection and wellbeing of club members and staff.



STRUCTURE OF CLANN EIREANN YOUTH CLUB

Clann Eireann Youth Club is made up of several clubs and sections, as follows:

1. Men's Gaelic Football Club
2. Women's Gaelic Football Club
3. Youth Club, see below.
4. Clann Eireann Arts and Drama (CEAD)
5. Handball Club
6. Martial Arts Club
7. Camogie Section
8. Cycling Club
9. Netball Section
10. Hurling, organised by Sean Treacy's Hurling Club

The Youth Club, based at St Colman's Hall, organises and manages a wide range of activities in the north Lurgan area. A representative sample is listed below:

1. Personal development programmes

- a. Single identity project
- b. Cross-community project
- c. Young men's project
- d. Young women's project
- e. Political education project
- f. Area detached/ outreach project
- g. Creative arts

2. Health awareness programmes

- a. Health promotion
- b. Drugs and alcohol awareness

3. Social/ Cultural activities

- a. Drop-in facilities
- b. Computer availability
- c. In-door football
- d. Fitness training
- e. Group activities: eg, trips to theatre, cinema, sporting events, out-door physical activities, week-end trips etc.
- f. In-house activities: disco, homework club, young women's group, Friday club, etc.



The above list of rules is not an exhaustive one. It is a guideline to the standards expected by the club of its members. The Management Committee reserves the right to intervene at any time where inappropriate behaviour of a member is brought to its attention.

ADDITIONAL NOTES FOR YOUTH WORKERS, COACHES AND VOLUNTEERS

Those who supervise children and young people are in a unique position of trust when they take charge of groups or teams in the youth club. This is an immense privilege, but it also confers serious responsibilities.

They have a profound duty of care to the young people in their charge, to their parents and to the club.

While ensuring that appropriate standards of safety and good order are observed during organised activities, every effort should be made to keep them interesting, constructive and enjoyable for those who are participating.

Youth workers, coaches and volunteers should be supportive, sympathetic and positive, patient, understanding and generous with young people in their charge. They are role models for those entrusted to their care. Young people will often imitate behaviours they observe in adults. Therefore, high standards of personal behaviour are required at all times.

Respect is not demanded, it is earned.

Anyone who supervises or who is involved in the supervision of young people has a responsibility to be familiar with and to implement the club policies which apply to health and safety, child protection, drugs and alcohol abuse, as well as any other relevant policies which may be adopted by the club from time to time.



CORRECTIVE PROCEDURES

Clann Eireann Youth Club does not wish to impose an excessively strict code of conduct on its members. Members should enjoy a welcoming and relaxed atmosphere when they come into the club. However this comes with responsibilities for members and those who use the club or its facilities.

The club employs a balanced approach to rules and discipline based on leadership, respect, trust and good example shown by coaches, staff, and youth leaders at all times. In this way young members will learn naturally and instinctively. They will be encouraged to develop self-confidence and a positive outlook, respect for themselves and for others and a pride in their club.

The club will investigate and act on all breaches of club rules. Parents will be notified when repeated offences are committed and in cases of serious misconduct.

Penalties for misconduct range from:

1. A talk / discussion between the leader/coach and the individual(s) concerned
2. Verbal and/or written warning
3. Suspension from the club
4. In extreme cases, expulsion from the club.

Suspension from one section of the club means suspension from all sections for the period of the suspension.

Minor issues will be dealt with by the coach/ youth worker directly responsible for the particular activity where the offence occurs. More serious offences, or where there is repeated misbehaviour, will be referred to the section committee for action. This committee may decide to involve parents in the procedure. Serious breaches of club rules must be referred to the Management Committee for consideration.

The Management Committee of Clann Eireann will be the final arbiter in all matters relating to matters of discipline and good order in the club. Its decision will be final.

g. Ballroom dancing/ Folk dancing

4. Summer scheme, 250 children in planned programmes for four weeks in August.

New activities will be added as and when a sufficient level of demand exists.

CONDITIONS OF MEMBERSHIP

Membership of Clann Eireann Youth Club is conferred on the clear and undisputed understanding that the member agrees to accept and respect the club's rules as outlined in the club rulebook, and to observe them at all times.

The member undertakes never to bring dishonour on the Clann Eireann club or its members by his/her actions or behaviour.

Each individual's membership of the club is granted and approved solely by the Management Committee of Clann Eireann.

Membership may be withdrawn at the sole discretion of the Management Committee of Clann Eireann at any time.





CLUB RULES

The contents of the Rule Book are to be taken in conjunction with the Constitution of Clann Eireann Youth Club document.

The rules of Clann Eireann Youth Club are in place for the good order and running of the club and for the wellbeing and protection of its members, volunteers and staff. They apply to **everyone** who uses the club, young people, youth workers and volunteers.

The club rules are outlined as follows:

A. Respect for others:

1. other members and visitors to the club and all with whom we have contact
2. club staff, coaches, managers, and volunteers
3. team colleagues, we will give them our support at all times.
4. referees, even when we disagree with their decisions
5. the personal property and possessions of others.

B. Respect for ourselves:

1. refrain from using foul and abusive language
2. refrain from spitting
3. our behaviour will not cause annoyance or offence to others.

C. Respect for club facilities, including but not limited to:

1. club changing rooms
2. playing fields and their environs
3. club buildings, St Colman's Hall etc
4. fittings and equipment in the club
5. the club bus.

D. Demonstrate sportsmanship:

1. play by the rules with a spirit of fair play
2. maintain discipline and self-control, both on and off the field
3. attend all training sessions, matches and team gatherings and meetings.

4. be punctual and well-prepared, and in positive mood
5. be humble in victory and gracious in defeat, there is often a very fine line between them
6. we will do our best at all times, nothing more will be asked or expected of us.

E. The youth club does not permit smoking or gambling on any of its premises.

F. The youth club does not permit the possession or use of non-prescribed drugs or alcohol on any of its premises. The club's Drugs and Alcohol policy will be rigorously enforced in all cases where this rule is broken.

EXAMPLES OF INDISCIPLINE

MINOR OFFENCES

Occasional non-attendance at training without explanation

Occasional poor punctuality without explanation

Occasional use of foul/ abusive language

Poor attitude to other team and club members

Lack of commitment

Littering

MAJOR OFFENCES

Regular non-attendance at training sessions, without explanation

Persistent poor punctuality

Persistent use of foul/abusive language

Fighting

Bullying

Verbal/ physical abuse of players, coaches, match officials, youth workers or anyone in a supervisory position

Behaviour likely to cause offence to others

Alcohol abuse

Drug /substance abuse

Wilful destruction or defacing of club property

Theft

Failure to obey the reasonable instructions of club coaches, staff or committee members

